

Watermelon, basil and lime iced tea



15 min.



63 kcal



SteviaSweet Honey

Preparation

Bring the water to a boil and make the tea according to the packet instructions. Allow the tea to cool to room temperature.

Remove the flesh of the watermelon from its skin and cut it into pieces. Place the pieces and the basil leaves in a blender and blend until smooth. Pass the mixture through a sieve.

Mix the cooled tea and watermelon juice. Add lime juice and SteviaSweet HoneySweet to taste. Serve the drink chilled with ice.

Ingredients for 6 servings

750 ml	water
2 bags	rooibos tea
1 kg	watermelon (weight including skin)
15	large basil leaves
3 tbsp	SteviaSweet Honey
50 ml	lime juice

Nutritional information per portion

63	kcal
266	kJ
1	g Protein
14	g Carbohydrates
0.5	g Fat