

# Roasted pineapple skewers



 15 min.  65 kcal  SteviaSweet Crystal

## Preparation

Mix the ingredients for the dip and refrigerate. Meanwhile, peel the pineapple and cut lengthwise into eight slices. Remove the tough stalk from the slices and stick the pineapple slices on skewers.

Mix **SteviaSweet Crystal** and pimento on a flat plate. Melt the butter in a pan. Then cover the skewers with the spice mixture and fry thoroughly on both sides in the hot butter. Serve together with the cold dip.

## Ingredients for 8 servings

500 g	peeled pineapple
25 g	<b>SteviaSweet Crystal</b>
2 tsp	ground pimento
20 g	butter

## Dip

100 g	Turkish yoghurt
1/2 tbsp	<b>SteviaSweet Crystal</b>
1 tbsp	rum

## Nutritional information per portion

65	kcal
272	kJ
1	g Protein
8	g Carbohydrates
3	g Fat