

Matcha and mint julep



10 min. 105 kcal SteviaSweet Crystal

Preparation

Place the matcha, lemon juice and SteviaSweet Crystal in a bowl and mix. Add the mint leaves and bourbon and crush gently. Sieve and pour into glasses over ice. Add mineral water and stir carefully. Garnish with fresh mint.

Ingredients for 4 servings

2 tsp	matcha tea powder
50 ml	lemon juice
4 tsp	SteviaSweet Crystal
16 cl	bourbon Whiskey
50 ml	mint leaves
150 ml	mineral water

To serve

Fresh mint
Ice cubes

Nutritional information per portion

105	kcal
441	kJ
0	g Protein
<1	g Carbohydrates
0	g Fat