

Mango and banana frozen yoghurt



20 min. 97 kcal SteviaSweet Liquid

Preparation

Place the frozen mango in a food processor and leave to defrost for 10 minutes. Zest the lime and then squeeze out the juice. Add the remaining ingredients to the bowl and blend until smooth.

Divide the frozen yoghurt between small bowls, sprinkle the grated lime peel on top and enjoy immediately.

Ingredients for 4 servings

300 g	frozen diced mango
1	ripe banana
1 tsp	SteviaSweet Liquid
100 g	Turkish yoghurt
2 tbsp	lime juice

Serve with

grated lime zest

Nutritional information per portion

97	kcal
406	kJ
2	g Protein
19.5	g Carbohydrates
1	g Fat