

Hibiscus, ginger and cinnamon drink





 10 min.

 <1 kcal

 SteviaSweet Crystal

Preparation

Boil the water and add the hibiscus, cinnamon, ginger and SteviaSweet Crystal. Leave the spices to set for a few hours or overnight if you want a stronger drink. Serve with orange slices and ice.

Ingredients for 4 servings

1 l	water
2 tbsp	hibiscus flower
3 cm	fresh finely chopped ginger
1	cinnamon stick
20 g	SteviaSweet Crystal

To serve

	Oranges
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Nutritional information per portion

<1	kcal
<1	kJ
0	g Protein
<0.1	g Carbohydrates
1	g Fat