

Green tea, mint and cucumber ice tea



15 min. 14 kcal SteviaSweet Crystal

Preparation

Boil the water. Add the tea leaves and brew for 3 minutes. Sieve and leave to cool down for a few minutes. Add the lime juice, **SteviaSweet Crystal** and mint. Grate the cucumber and squeeze the juice into the tea. Leave to cool. Serve with fresh mint, lime and ice.

Ingredients for 4 servings

1 l	water
5 tsp	green tea leaves
50 ml	lime juice
20 g	SteviaSweet Crystal
2	sprigs of strong mint
1	cucumber

To serve

	Lime slices
	Fresh mint
	Ice cubes

Nutritional information per portion

14	kcal
58	kJ
<1	g Protein
2.5	g Carbohydrates
0	g Fat