

Green smoothie (vegan)



10 min.

407 kcal

SteviaSweet Liquid

Preparation

Place all ingredients in a blender and blend until the mixture is smooth.

Ingredients for 2 servings

100 g	frozen broccoli
150 g	frozen spinach
1	ripe banana
1 tbsp	chia seeds
1	lime (juice)
150 ml	oat milk
20 drops	SteviaSweet Liquid

Nutritional information per portion

407	kcal
1711	kJ
16	g Protein
65	g Carbohydrates
9	g Fat