

French toast with fruits and honey



10 min. 213 kcal SteviaSweet Honey

Preparation

Whisk the egg. Add the milk, ground vanilla and [SteviaSweet HoneySweet](#). Soak the bread in the egg and milk mixture.

Heat the butter in a pan until golden. Fry the bread until golden on both sides and serve hot with fruits and [SteviaSweet HoneySweet](#).

Ingredients for 4 servings

1	egg
1 dl	milk
1/4 tsp	ground vanilla
1 tbsp	SteviaSweet Honey
4	slices of white bread
2 tbsp	butter

To serve

1	kiwi
100 g	cantaloupe melon
50 g	blueberries
1 tbsp	SteviaSweet Honey

Nutritional information per portion

213	kcal
895	kJ
6,5	g Protein
31	g Carbohydrates
7	g Fat