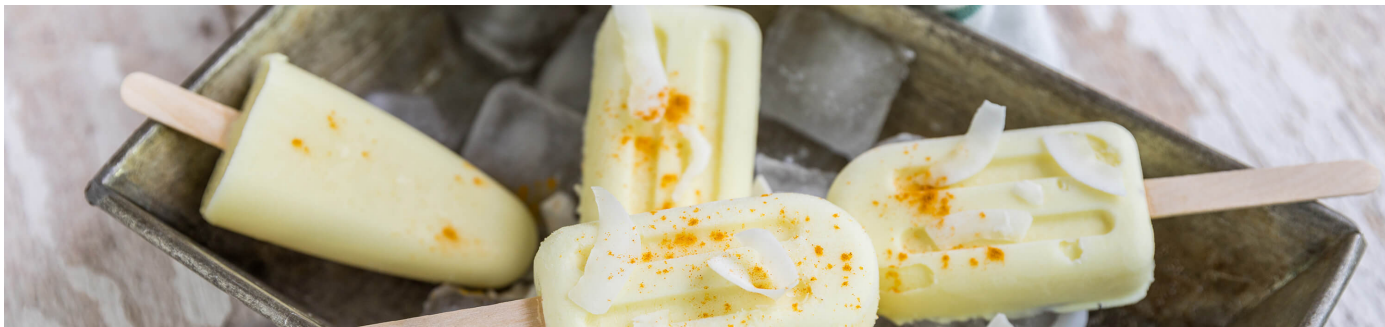


# Easy coconut and pineapple popsicles



10 min.



150 kcal



SteviaSweet Liquid

## Preparation

Put the pineapple cubes and the coconut cream into a blender. Blend and add the [SteviaSweet Liquid](#). Pour into popsicle moulds and freeze for at least 8 hours or overnight.

If you don't have popsicle moulds, you can use disposable cups and stick a tea spoon inside as a handle.

## Ingredients for 6 servings

200 ml	coconut cream
250 g	fresh peeled and cubed pineapple
1 tsp	<a href="#">SteviaSweet Liquid</a>

## Nutritional information per portion

150	kcal
630	kJ
1.5	g Protein
10	g Carbohydrates
12	g Fat