

Cranberry and coconut smoothie bowl



 10 min.  373 kcal  SteviaSweet Honey

Preparation

Cut the banana in small pieces and place in mixer or mixing bowl. Add the cranberries, coconut milk and [SteviaSweet Honey](#) and blend until smooth. Pour the smoothie into a glass or serving dish and decorate as you like with banana pieces, cranberries, coconut flakes and chia seeds.

Ingredients for 2 servings

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|--------|-----------------------------------|
| 200 g | frozen cranberries |
| 2 | bananas |
| 100 ml | coconut milk |
| 2 tbsp | SteviaSweet Honey |

To serve

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| bananas, cranberries, coconut flakes and chia seeds |
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Nutritional information per portion

| | |
|------|-----------------|
| 373 | kcal |
| 1569 | kJ |
| 4 | g Protein |
| 63 | g Carbohydrates |
| 13 | g Fat |