

# Cranberry and apple smoothie



10 min.



140 kcal



SteviaSweet Liquid

## Preparation

Chop the apple and banana and place in a mixer or large bowl. Add the other ingredients and purée until smooth.

### Ingredients for 2 servings

100 g	cranberries
1	apple
1	banana
10 drops	SteviaSweet Liquid
100 ml	oat milk

### Nutritional information per portion

140	kcal
590	kJ
1.5	g Protein
31	g Carbohydrates
1.5	g Fat