

Apple galettes



 45 min.  132 kcal  SteviaSweet Crystal

Preparation

Preheat the oven to 225 °C.

Slice the apples thinly and place in a bowl. Add [SteviaSweet Crystal](#) and cinnamon. Mix well.

Roll out the puff pastry thinly. Cut into eight squares and place onto a baking tray lined with baking paper. Spread the quark onto the centre of the squares and place the apples on top. Bake on the middle shelf of the oven for 15-20 minutes, depending on the thickness of the pastry.

Ingredients for 8 servings

200g	ready-made puff pastry
200 g	small apples
1 tsp	SteviaSweet Crystal
1/2 tsp	cinnamon

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100g	quark
2 tsp	SteviaSweet Crystal
1/4 tsp	ground vanilla

Nutritional information per portion

132	kcal
554	kJ
2	g Protein
11	g Carbohydrates
9	g Fat