

Almond flour pancakes



 30 min.  100 kcal  SteviaSweet Crystal

Preparation

Beat the eggs in a bowl and add the other ingredients. Leave the batter to rest for 10 minutes. Heat the coconut oil in a pancake pan and fry the pancakes on a low heat until golden brown. Serve immediately with fresh fruit or fruit salad.

Ingredients for 4 servings

2	eggs
200 ml	coconut milk
1/4 tsp	salt
1 tbsp	SteviaSweet Crystal
120 g	almond flour
30 g	potato flour
1 tsp	baking powder
	Coconut oil for frying

To serve

Fresh fruits

Nutritional information per portion

100	kcal
424	kJ
3.5	g Protein
3	g Carbohydrates
8.5	g Fat